



**Burnaby**  
Primary Care  
Network

# Child & Youth Mental Health Counselling

**Free counselling for children and youth ages 10-24. Ask your Burnaby family doctor or nurse practitioner about the Burnaby Primary Care Network (PCN)!**

You can ask the question for yourself! You do not need a parent or guardian to ask for you.

If you do not have a family doctor, seek care at a walk-in clinic or Urgent and Primary Care Centre to get connected to mental health resources, or scan the QR code for additional resources.





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