



WHAT IS A UPCC?

All about Urgent and Primary Care Centres (UPCCs) in Burnaby

Urgent and Primary Care Centres (UPCCs) provide medical care **for urgent, non-emergency issues**. For **life-threatening illnesses or injuries, call 911 or go to the Emergency Department**.

UPCCs are for when you are unable to see your family practitioner or access a walk-in clinic in a timely manner. If you do not have a doctor or nurse practitioner, you can receive urgent care at a UPCC.

When should I go to the UPCC?

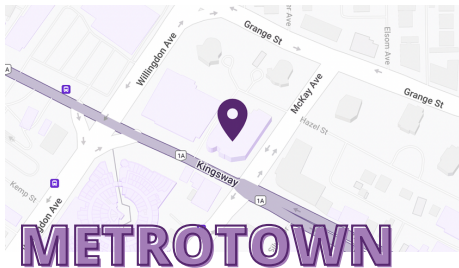
Examples of when to visit a UPCC for urgent care include:

- Cuts, wounds or skin conditions
- Infections
- New or worsening pain
- Sprains and strains
- Nausea, diarrhea and constipation
- Mental health issues such as low mood, anxiety or depression
- Support from a social worker (e.g., financial hardship, resource navigation, community supports, housing instability, changes in health, safety and support)

Who provides care at a Burnaby UPCC?

UPCC care teams may include:

- Family physicians
- Nurse practitioners
- Nurses
- Clinical pharmacists (Metrotown only)
- Social workers
- Clinical counsellors



Metrotown Urgent and Primary Care Centre

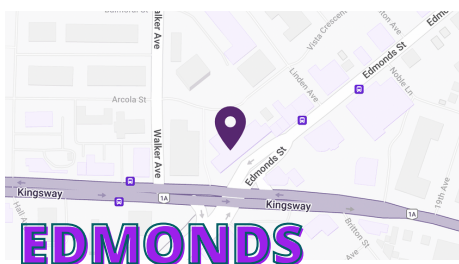
#102 - 4555 Kingsway, Burnaby

Phone: 604-451-4888

Open seven days a week: 9:00 a.m. – 8:00 p.m.

WALK-INS WELCOME

Operated by Fraser Health Authority



Edmonds Urgent and Primary Care Centre

#201 - 7315 Edmonds Street, Burnaby

Located at PrimeCare Medical Centre (2nd floor).

Phone: 604-519-3787

Mon to Fri: 5:00 p.m. – 9:00 p.m.

Sat: 2:00 p.m. – 8:00 p.m.

Sun: 12:00 p.m. – 6:00 p.m.

You can call to self-refer to social work services at the Edmonds UPCC.

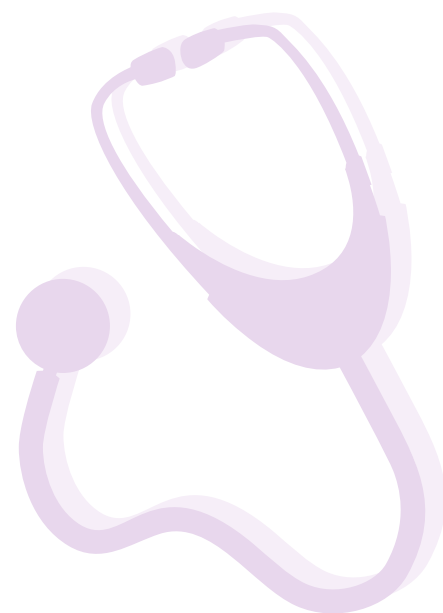
BY APPOINTMENT ONLY

Operated in partnership by Burnaby Family Physicians and Fraser Health Authority

FIND OUT MORE
burnabypcn.ca/upcc



DO YOU NEED A FAMILY DOCTOR?



All BC residents can now register for a family doctor or nurse practitioner in their community through BC's Health Connect Registry. When you register, you are added to a centralized registry of primary care providers across your community.

Registration takes less than 10 minutes. You need to provide:

- Personal Health Number (PHN), found on your BC Services Card
- Home address
- Email address and phone number

How to Register

1

Register online at healthlinkbc.ca/health-connect-registry

2

Call 8-1-1 for assistance, or to register for the Health Connect Registry in languages other than English

After you have registered, wait to hear from the team in your community!

FIND OUT MORE
burnabypcn.ca/find-a-doctor

