

WHAT IS A UPCC?

All about Urgent and Primary Care Centres (UPCCs) in Burnaby

Urgent and Primary Care Centres (UPCCs) provide medical care **for urgent, non-emergency issues**. For **life-threatening illnesses or injuries, call 911 or go to the Emergency Department**.

UPCCs are for when you are unable to see your family practitioner or access a walk-in clinic in a timely manner. If you do not have a doctor or nurse practitioner, you can receive care at a UPCC.

When should I go to the UPCC?

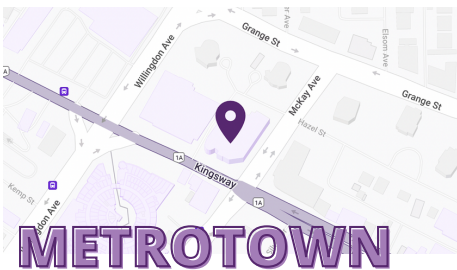
Examples of when to visit a UPCC for urgent care include:

- Cuts, wounds or skin conditions
- Infections
- New or worsening pain
- Sprains and strains
- Nausea, diarrhea and constipation
- Mental health issues such as low mood, anxiety or depression
- Support from a social worker (e.g., financial hardship, resource navigation, community supports, housing instability, changes in health, safety and support)

Who provides care at a UPCC?

UPCC care teams may include:

- Family physicians
- Nurse practitioners
- Nurses
- Clinical pharmacists (Metrotown Only)
- Social workers
- Clinical counsellors



Metrotown Urgent and Primary Care Centre

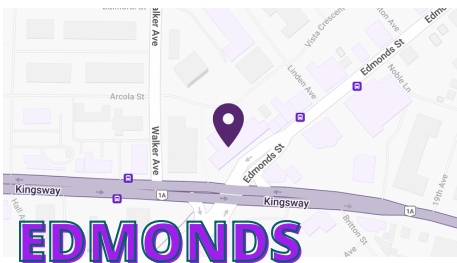
#102 - 4555 Kingsway, Burnaby

Phone: 604-451-4888

Open seven days a week: 9:00 a.m. – 8:00 p.m.

WALK-INS WELCOME

Operated by Fraser Health Authority



Edmonds Urgent and Primary Care Centre

#201 - 7315 Edmonds Street, Burnaby

Located at PrimeCare Medical Centre (2nd floor).

Phone: 604-519-3787

Mon to Fri: 5:00 p.m. – 9:00 p.m.

Sat: 2:00 p.m. – 8:00 p.m.

Sun: 12:00 p.m. – 6:00 p.m.

You can call to self-refer to Social Work services at the Edmonds UPCC.

BY APPOINTMENT ONLY

Operated by Burnaby Family Physicians

FIND OUT MORE
burnabypcn.ca/upcc

